

AIN'T NO STOPPING US NOW

MCFADDEN AND WHITEHEAD

Chorus 1

Ain't no stopping us now. We're on the move
Ain't no stopping us now. We've got the groove

Verse 1

There's been so many things that's held us down
But now it looks like things are finally coming around,
I know we've got a long long way to go, and where we'll end up,
I don't know. But we won't let nothing hold us back
We gotta get ourselves together. We gotta polish up our act,
If you've ever been held down before
I know you refuse to be held down any more,

Bridge

Don't you let nothing, nothing. Stand in your way
I want you to listen, listen. To every word I say
Every word I say **(Repeat Chorus)**

Verse 2

I know you know someone that has a negative vibe
And if your're trying to make it they only push you aside
They really don't have nowhere to go. Ask 'em where they're going.
They don't know. But we won't let nothing hold us back
We gotta get ourselves together, come on.
We gotta polish up our act.
And if you've ever been held down before
I know that you refuse to be held down any more,

Repeat Bridge / Repeat Chorus Twice

Middle 8

S.T.O.P.P.I.N. Ain't no no, Ain't no no, Ain't no stopping X2

Repeat Chorus Twice / Repeat Middle 8 to finish